

Central Bucks School of Gymnastics, Inc.

Established 1973

Our Programs

The Central Bucks School of Gymnastics, Inc. began in 1973 and has continually provided a wide range of high quality instructional and competitive opportunities for its members. The School has expanded through three locations as its classes and competitive teams have increased in size. The current 10,000 square foot building in Plumstead Township offers an air-conditioned dance studio, a 2,500 square foot "power floor," a Tumble Track, a large pit filled with foam blocks, as well as other well-maintained gymnastic and safety equipment.

The popular **GymKids Gymnastic Program** consists of four different class groupings for boys and girls 3-6 years old and a gym/dance combination class. This program gives many students their first look at gymnastics and physical fitness. Children explore our zip line, rock wall, climbing ropes, trampoline and the foam pit in addition to bars, beam, vault and tumbling. Our instructors are USGA Safety certified and have the knowledge and experience to instruct children in a positive atmosphere that helps develop their skills and self confidence. This is truly a fun-loving approach to the fundamentals of the body awareness and gymnastics. Gymnastics is a great foundation for developing strength, coordination, flexibility and self-esteem that will prepare children for all sports and most importantly, it's FUN! The **GymStars Gymnastic Program** for girls in first grade and older provides an opportunity for children to continue working with gymnastic equipment, developing skills necessary for life-long physical fitness and self-confidence.

The roots of the school's highly successful competitive **Team Program** lie in the enjoyable and challenging instructional classes offered by the school. C.B. has long been the home of one of Pennsylvania's best gymnastic teams. The success of the team level gymnasts has attracted scholarship interest from major colleges and universities throughout the country. Approximately 90% of graduating team members have received full or partial college scholarships.

The **Dance Program** was initiated to provide specialized training to team gymnasts. By popular demand, the Dance Program was expanded to offer public classes in 1982 under the direction of Lee Wilson. The Dance Program currently offers Jazz, Modern, Tap, Ballet, Hip-Hop, and Preschool dance classes under the direction of Tracey Burroughs who begins her eighth year as Director. The Dance Program also offers by-invitation-only Performance Groups and Dance Companies. Annually, the Dance Program stages a Dance Concert, receiving critical acclaim for the high caliber of the dance performances.

Open Gym Program provides both Members and Non-Members with a relaxed, supervised atmosphere in which participants may practice previously-learned skills. Parents or another adult must stay with children under the age of 10 years old at all times and are encouraged to accompany those ten years of age and older.

Birthday Parties are offered for Members and Non-Members with a total party time of 90 minutes. Party time is broken up into 45 minutes of gym time with an instructor who leads age games, parachute and trampoline play and 45 minutes in a separate area for parents to serve refreshments and the opening of gifts.

Please refer to pages within the schedule packet for more information on all of the above programs and birthday parties.

Registration for Classes

Registration for classes takes place during our regular office hours. A Registration Card/Liability Waiver must be completed and signed by a parent or legal guardian of each class participant before beginning any class.

A Registration Fee must be paid only once from September through August of each year for each class participant. No discounts apply to the Registration Fee. The Registration Fee for each class participant beginning classes in Session 1 is \$30.00, Session 2 is \$25.00, Session 3 is \$20.00, Session 4 is \$15.00, and the Summer Session is \$5.00. All class fees and the Registration Fee must be paid prior the first class.

2012-2013 Schedule

Session 1: September 4, 2012 – November 10, 2012

Session 2: November 12, 2012 – January 26, 2013

Session 3: January 28, 2013 – April 6, 2013

Session 4: April 8, 2013 – June 15, 2013



TOTAL PARTY TIME IS 90 MINUTES –

45 MINUTES OF GAMES, PARACHUTE AND TRAMPOLINE PLAY

45 MINUTES TO USE A SEPARATE AREA PROVIDED FOR REFRESHMENTS & GIFTS

BIRTHDAY PARTY FEES

MEMBERS

10 or fewer children - \$185.00

Each additional child - \$6.00

\$50.00 non-refundable deposit required

NON-MEMBERS

10 or fewer children - \$205.00

Each additional child - \$6.00

\$50.00 non-refundable deposit required

New prices effective September 4, 2012

Be sure to visit the *CHALK SHOP* – leotards, t-shirts, gift certificates, and other items for sale. Stock changes monthly!

OPEN GYM

Our **OPEN GYM** program provides both MEMBERS and NON-MEMBERS with a relaxed, supervised atmosphere in which participants may practice previously-learned skills. Parents or another adult must stay with children under the age of 10 years old at all times and are encouraged to accompany those ten years of age and older.

Open Gym is held on most Fridays from 7:30–9:00P.M. during the months of September through June. The cost for each child attending is \$10.00. Adults are free!

GymKids Open Gym is held from 10:00-11:30A.M. one Friday a month during the months of October through April. The cost is \$8 per child and \$4 for each additional child in family.

Scheduled Open Gym dates are posted monthly on our website and on Facebook.



OPEN GYM RULES

1. Children under the age of 10 years old **MUST** be accompanied by an adult who stays with them at all times.
2. Use of Trampoline, TumbleTrak, Mini-Tramps must be supervised by a staff member.
3. Children and parents must remain in the gym as this is the only area supervised during Open Gym.
4. Children must be picked up by 9:00 P.M. An additional \$4.00 will be charged for anyone picked up after 9:05 P.M.
5. Equipment may not be adjusted or moved except for mats and vaulting boards.
6. No **HORSEPLAY** is permitted!

2012-2013 GymKids Gymnastic Program

GymKids Classes

Parent / Tot – 50 minutes	Children 2-3 years of age with parent or other caregiver.
Bouncers – 30 minutes	Children 3 years of age and ready to separate from parent or other caregiver
Rollers – 45 minutes	Children 3½-4 years of age possessing the listening skills required for longer rotations
Swingers – 50 minutes	Children 4-5 years of age who are pre-Kindergarten
Flippers – 50 minutes	Children 5-6 years of age who are in Kindergarten for 2012-2013 school year
Gym/Dance - 60 minutes	Girls 4-6 years of age - 30 minutes of dance and 30 minutes of gymnastics

GymKids Class Schedule

Classes scheduled on weekdays from 4-6P.M. are held to accommodate children who are unable to attend classes during the week from 9:30A.M.-3 P.M. These 4-6 P.M. classes share the facility with the GymStars Program classes and Team practice. Saturday morning classes share the facility with the GymStars Program classes.

Parent/Tot	Swingers	Flippers
Tuesday 9:30	Monday 9:45	Monday 1:30
Bouncers	Tuesday 10:30	Tuesday 2:00
Monday 11:30	1:00	4:00
Wednesday 11:30	Wednesday 1:30	5:00
Rollers	Thursday 10:30	Wednesday 9:30
Tuesday 12:00	1:00	Thursday 9:30
Wednesday 10:30	Saturday 11:30	2:00
12:30		4:00
Thursday 11:30		5:00
		Saturday 9:30
		10:30
		Gym/Dance
		Monday 10:45
		12:15



GymKids Class Fees

Class prices will be pro-rated for students that enroll after the start of a session. There is a 10% discount on each additional gymnastic class of the same or lower price taken in the same session by the student enrolled and/or each additional family member. All prices subject to change.

30 minute class:	\$ 99.35 10 weeks • \$ 89.40 9 weeks
45 minute class:	\$153.50 10 weeks • \$138.50 9 weeks
50 minute class:	\$168.50 10 weeks • \$151.65 9 weeks
60 minute class:	\$173.50 10 weeks • \$156.15 9 weeks

Gerry Woolcock, GymKids Program Director

2012-2013 GymStars Gymnastic Program

The Instructional Classes, Levels I, II, III, and IV, promote sound gymnastic fundamentals. The levels offered provide an opportunity for the gymnast to progress based on the USA Gymnastics national standards under the direction of experienced, enthusiastic instructors. This program is for girls in 1st grade and older.

GymStars Gymnastics Class Schedule

Level I

45/55 minute classes:

Monday	4:15 5:00
Tuesday	4:15 5:00
Wednesday	4:15 5:00
Thursday	4:15 5:00
Saturday	9:30 10:30 11:30

Level II

55 minute classes:

Monday	5:00
Tuesday	5:00
Wednesday	5:00
Thursday	5:00
Saturday	9:30 10:30 11:30

Level III

55 minutes classes:

Wednesday	5:00
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Level III

85 minute classes:

Monday	6:00-7:25
Wednesday	6:00-7:25
Thursday	6:00-7:25

Level IV

85 minute classes:

Monday	6:00-7:25
Wednesday	6:00-7:25
Thursday	6:00-7:25

GymStars Tumbling Class Schedule

Our Tumbling class is a 45 minute class designed for gymnasts and cheerleaders to develop and improve strong tumbling skills for the beginner to the advanced. Participants will be placed in appropriate level of class based on their skills. If you are new to our Tumbling class please call to set up a screening with Chrissy, the director of the program.

Monday 4:15

Wednesday 4:15

Saturday 9:30



GymStars Class Fees

45 minute class:	\$153.50 10 weeks	• \$138.50 9 weeks
55 minute class:	\$173.50 10 weeks	• \$156.15 9 weeks
85 minute class:	\$233.50 10 weeks	• \$200.15 9 weeks

Chrissy Flannery, GymStars Program Director

Class prices will be pro-rated for students that enroll after the start of a session. There is a 10% discount on each additional gymnastic class of the same or lower price taken in the same session by the student enrolled and/or each additional family member.

2012-2013 Dance Studio Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
10:00-10:45 Creative Dance 3-5 years				9:45-10:30 Creative Dance 3-5 years
10:45-11:15 Hip Bop 4-6 years				10:30-11:30 Hip Bop 4-6 years
11:15-11:45 Gym/Dance 4-6 years				11:30-12:15 Tumble Dance 3-5 years
11:45-12:15 Hip Bop 4-6 years		3:15-4:00 Creative 3-5 years		
12:15-12:45 Gym/Dance 4-6 years		4:00-5:00 Little Stars 5-7 years		
4:00-5:00 Beginner Contemporary	4:00-5:00 Beg/Inter Ballet	5:00-6:00 Intermediate Tap	4:00-5:00 Little Stars	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> Kinderdance Program • <i>Payment by Session</i> • </div> <p style="text-align: center; margin-top: 20px;"><i>instructor permission only for all performance classes</i></p>
5:00-6:30 Jr. Co. A & B Contemporary	5:00-6:00 Beginner Jazz/Hip Hop	6:00-7:00 Advanced Tap	5:00-6:30 Jazz Jr. Co. A	
6:30-7:30 Musical Theater I	6:00-7:30 Jr. A & B Ballet	7:00-8:30 Ballet Co. A	6:30-7:30 Musical Theater Co.	
7:30-9:00 Contemporary Co. A	8:00-9:00 Beginner Dance for Teens/Actors	8:30-9:00 Pointe	7:30-9:00 Jazz Company A	

Studio A



Studio B

MONDAY	TUESDAY	THURSDAY
4:00-5:00 Little Stars 5-7 years	4:00-5:00 Hip Bop 4-6 years	4:00-5:00 Hip Bop 4-6 years
5:00-6:30 Intermediate Contemporary	5:00-6:00 Intermediate Jazz/Hip Hop	5:00-6:30 Jazz Jr Co. B
6:30-7:30 Hip Hop Co A & B	6:00-7:30 Ballet Co. B	6:30-7:30 Hip Hop
7:30-9:00 Contemporary Co. B	7:30-8:00 Pointe Co. B	7:30-9:00 Jazz Co. B
	8:00-9:00 Hip Hop Jr A & B	

classes, levels, prices subject to change!

PLEASE SEE REVERSE SIDE FOR REGISTRATION COSTS & CLASS FEES

FOR FURTHER INFORMATION, PLEASE CONTACT TRACEY BURROUGHS, DANCE PROGRAM DIRECTOR

Central Bucks School of Gymnastics, Inc. • 929 North Easton Road • Doylestown, PA 18902 • 215.345.0176

Come share our passion...

We are driven to help students become their personal best!

KINDERDANCE PROGRAM

Exploring movement and dance through music using imagination to kindle the inner spirit.

CREATIVE DANCE, LITTLE STARS, TAP, TUMBLING, HIP BOP and DANCE/GYM classes will follow a payment schedule based on sessions with the class fees as listed below. CLASS FEES are due before the first day of class.

Hours of Class per Week	10 weeks	9 weeks	8 weeks
30 minutes	\$90.00	\$81.00	\$72.00
45 minutes	\$135.00	\$121.50	\$108.00
One hour	\$170.00	\$153.00	\$136.00

2012-2013 SESSION DATES

Session 1: September 4, 2012 – November 10, 2012

Session 2: November 12, 2012 – January 26, 2013

Session 3: January 28, 2013 – April 6, 2013

Session 4: April 8, 2013 – June 15, 2013

PERFORMANCE PROGRAM

The Dance Studio has implemented a payment structure for those students attending **PERFORMANCE CLASSES**. By signing up for a Performance Class, the student is making a commitment to attend dance classes from September through early June, to attend rehearsals in addition to the classes, and to participate in a Dance Concert to be held in June of 2013. The fees for classes to be held September through early June are divided up into nine equal monthly payments, with a payment **DUE** on or before the first of each month from September through May. If the Office is closed, please hand payments to the teacher of the class. The monthly fees follow.

Performance Dancers can receive a 5% discount by signing up for auto-pay or paying in full for 9 months.

Auto-pay is a payment option that charges the monthly fee to a Visa, MasterCard or Discover on the 5th of each month.

Hours of Class per Week	Monthly Fee	Monthly Fee Including 5% Discount
One hour	\$77.35	\$73.67
One and one-half hours	\$109.20	\$104.00
Two hours	\$136.50	\$130.00
Two and one-half hours	\$159.25	\$151.67
Three hours	\$177.45	\$169.00
Three and one-half hours	\$191.10	\$182.00
Four hours	\$200.20	\$190.67
Four and one-half hours	\$209.91	\$199.90
Five hours	\$218.40	\$208.00
Five and one-half hours	\$225.25	\$214.50
Six hours	\$232.05	\$221.00
Six and one-half hours	\$238.90	\$227.50
Seven hours	\$245.70	\$234.00
Seven and one-half hours	\$254.80	\$242.67

A **REGISTRATION FEE** must be paid only once from September through August of each year for each dance class participant. No discounts apply to the Registration Fee. The Registration Fee for each dancer beginning classes for 2012-2013 in Session 1 is \$30.00, Session 2 is \$25.00, Session 3 is \$20.00, Session 4 is \$15.00, and Session 5 is \$5.00. Registration fees are due before the first day of class. **DISCOUNTS** are offered within the Dance program. After one dancer in a family pays the full price, other family members receive a 10% discount on equal or lesser fees for dance classes. Multiple discounts do not apply!